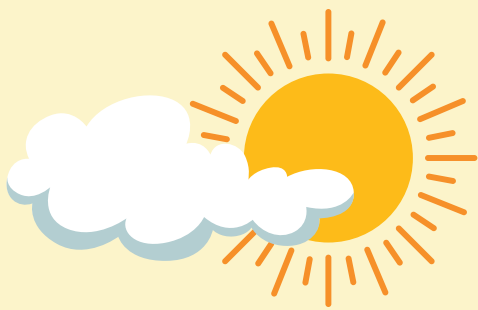


MOREHOUSE PARISH COMMUNITY ASSET GUIDE



2021

**Food Systems
Physical Activity
Community Assets**





In 2018, the LSU AgCenter entered into a 5-year cooperative agreement with the Centers for Disease Control and Prevention (CDC) to address the nutrition and physical activity environments in six rural Louisiana parishes with some of the highest obesity rates in the state (Assumption, St. Helena, Tensas, Madison, Morehouse, and East Carroll). Through the LSU AgCenter's Cooperative Extension Healthy Communities initiative, multi-level, community-driven approaches are utilized to identify and implement Policy, Systems, and Environmental (PSE) change strategies, with the goal of promoting healthy behaviors among residents and improving obesity rates and quality of life.

Healthy communities are places where people come together to make their communities better for everyone through collaboration, inclusion, community ownership, and a long-term commitment to healthy lifestyles. The mission of Morehouse Parish Healthy Communities is to improve the health and well-being of Morehouse Parish residents through education, community outreach programs, partnerships and collaborations, and engagement in physical activity.

The following pages detail the strong network of resources, stakeholders, and community assets within Morehouse Parish.

This asset guide provides information about the resources, knowledge, and skills that your community possesses.



6

Healthy
Communities
coalitions



34,289

people impacted
by food system
enhancements



12,414

people impacted
by physical activity
enhancements



\$44,554

in outside funding
to support PSE
changes

FOOD SYSTEMS PSE CHANGES



13 food outlets across 6 rural parishes implemented healthy retail changes reaching an estimated 34,289 residents.



7 food pantries increased capacity to procure healthier foods by installing new refrigeration and storage.



4 food pantries adopted policies to improve the healthfulness of donated and procured foods.



2 new farmers' markets were established, and 4 existing farmers' markets were enhanced by implementing SNAP acceptance and connecting produce vendors to local markets.



24 new connections made between local producers and food retail opportunities as a result of farmers' market efforts.

"SNAP acceptance at the St. Helena Farmers Market brought much needed economic stimulation to the parish. Six months after we launched the SNAP Match program, our customer base increased 112% and vendors made over \$9,000 from SNAP Match alone.

Now, customers come from 11 different parishes to shop with us!"

- Marquette Anderson, LSU AgCenter Healthy Communities Extension Agent, St. Helena Parish

PHYSICAL ACTIVITY PSE CHANGES



10 destinations and 8 linear miles have been enhanced through policies and/or plans, potentially impacting 12,414 rural residents. From these plans, 2 linear miles of activity-friendly routes have been improved through the installation of wayfinding signs, speed bumps, crosswalks, and sidewalks.



3 connectivity plans have been passed to address 6 linear miles of activity-friendly routes, which include enhancements like bike repair stations, playground equipment, and recreation amenities (e.g., benches, lighting, trash cans, and signage) at various community sites (e.g., libraries, parks, schools, and levees). Collaboration with community stakeholders has also resulted in policies that seek to leverage existing community assets to create more opportunities for physical activity.



A joint-use policy was passed in St. Helena that allows community members to use an existing school track for physical activity outside of school hours.

MEET THE AGENT!

Jocinda Jackson-Jones



***Morehouse Healthy
Communities Extension Agent***

Office: 9609 Marlatt Street Bastrop,
LA 71220

Email: [jrjackson@agcenter.lsu.edu](mailto:jackson@agcenter.lsu.edu)

Phone: (318) 281-5741

FIND US ONLINE!

www.facebook.com/HCMorehouseParish

"When I think of healthy communities, I think of the quote 'Better Together.' It reminds me that amazing things happen when we work together. Healthy Communities is all about making a difference in communities, and it's a wonderful feeling to see communities benefit from our efforts. Being a part of that difference is one thing, but actually seeing how much it means to others is far more rewarding. After all, we couldn't do it without their help."

MOREHOUSE PARISH

Demographics

Morehouse Parish Ranks **62 out of 64** parishes in terms of overall health.



43%

Obesity Rate

20%

Food Insecure

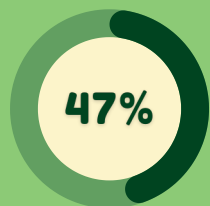
33%

Physically Inactive

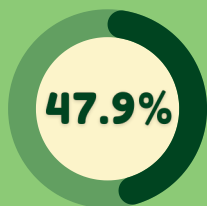
The Healthy Communities cooperative agreement between the Centers for Disease Control and the LSU AgCenter utilizes economic development strategies to improve the local food system and physical activity environment.



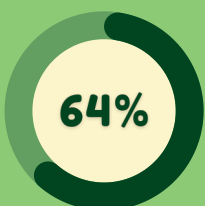
As of 2020, the unemployment rate of Morehouse Parish was **5.8%**, compared to the state average of **4.3%**, and **7.7%** of the parish population lacked health insurance.



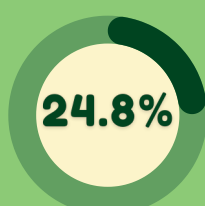
African American



Non-Hispanic White



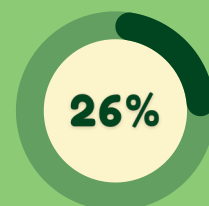
Eligible for Free/Reduced Lunch



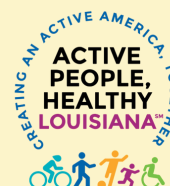
Households Receiving SNAP



Households with No Vehicle



Lack Access to Exercise Opportunities



Morehouse Parish Community Assets



Education

Public Schools

Bastrop High School	402 Highland Ave., Bastrop, LA 71220	7th – 12th
Morehouse Magnet School	909 Larche Ln., Bastrop, LA 71220	Pre-K – 9th
Morehouse Elementary	1001 W. Madison Ave., Bastrop, LA 71220	K – 6th
Beekman Charter School	15190 A M Baker Road, Bastrop, LA 71220	Pre-K – 12th
Delta Elementary	7661 Mer Rouge-Collinston Rd., Mer Rouge, LA 71261	K – 6th

Private Schools

Prairie View Academy	9942 Edwin St., Bastrop, LA 71220
----------------------	-----------------------------------

Early Care and Education (ECE)

Little Angels Daycare	409 Cason Ave., Bastrop, LA 71220	Private Provider Number of students: 10
Anna's Lollipop Lane LLC	1732 East Madison Ave., Bastrop, LA 71220	Private Provider Number of students: 29
The Prep Center, Inc. 	1906 Cooper Lake Rd., Bastrop, LA 71220	Private Provider Number of students: 80
Morehouse CMIO 	630 Collinston Rd., Bastrop, LA 71220	Head Start Number of students: 272
Morehouse Magnet School	909 Larche Lane, Bastrop, LA 71220	Pre-K
Bastrop Pediatrics Day Healthy Center	205 Hall St., Bastrop, LA 71220	Special Needs Care Number of students:
Angela Michelle Adams	1604 Cooper Lake Bldg 103 # 1 Bastrop, LA 71220	Family Home Provider Number of students: 6
Deborah Dowles	317 Harrington Bastrop, LA 71220	Family Home Provider Number of students: 6
Sonya Vershawn Blanch	220 South Marcus Street Bastrop, LA 71220	Family Home Provider Number of students: 6
Yolanda Davis	413 Wright St. Bastrop, LA 71220	Family Home Provider Number of students: 6
Lorraine Croxton Reed (Raines Day Care)	316 Terrace Dr. Bastrop, LA 701220	Family Home Provider Number of students: 6



= On-site produce garden

Education Resources

Kids 1st Morehouse	1001 W. Madison Ave., Bastrop, LA 71220	Children's Coalition
Evan's Second Chance (The Morehouse Community Organization, Inc.)	714 S. Washington St., Bastrop, LA 71220	NPO; GED assistance and resources
Robinson-Williams Restoration of Hope Community Center	1510 Elm St., Bastrop, LA 71220	Tutoring services

School Board

Morehouse Parish School Board	4099 Naff Ave., Bastrop, LA 71220
-------------------------------	-----------------------------------

Citizen's Associations

Community Centers

Robinson-Williams Restoration of Hope Community Center	1510 Elm St., Bastrop, LA 71220
City of Bastrop Municipal Center	1901 Moeller Dr., Bastrop, LA 71220

Seniors' Groups

Morehouse Parish Council on Aging	821 Washburn, Bastrop, LA 71220
-----------------------------------	---------------------------------

Youth Groups

4-H	9609 Marlatt St., Bastrop, LA 71220
City of Bastrop Youth Athletics	City Hall; 202 E. Jefferson Ave. 2nd Floor, Room 224, Bastrop, LA 71220

Other Citizen's Associations

American Legion	2324 E Madison Ave., Bastrop, LA 71220
-----------------	--

Community Organizations

Faith Based Organizations

God Bonita Road Assembly	14413 Old Bonita Rd., Bastrop, LA 71220
Bethany Baptist Church	10447 Boswell St., Bastrop, LA 71220
Bethel Baptist Church	14489 Crossett Rd., Bastrop, LA 71220
Central Missionary Baptist Church	1231 Leavell Ave., Bastrop, LA 71220
Cherry Ridge Baptist Church	1005 Cherry Ridge Rd., Bastrop, LA 71220
Ebenezer Full Gospel Church	8342 Spyker Rd., Bastrop, LA 71220

Faith Baptist Church	809 Cleveland St., Bastrop, LA 71220
First Presbyterian Church	310 S Washington St., Bastrop, LA 71220
Grace Baptist Church	358 Holt St., Bastrop, LA 71220
Horseshoe Baptist Church	11776 Horseshoe Lake Rd., Mer Rouge, LA 71261
Holy Temple 	1412 Lee Ave., Bastrop, LA 71220
Ivory Chapel Baptist Church	9383 Syble Dr., Bastrop, LA 71220
New Jerusalem Baptist Church	Martin L King S., Bastrop, LA 71220
Greater Magnolia Baptist	465 W Cypress Ave., Bastrop, LA 71220
Mount Nebo United Methodist	516 New Monroe Rd., Bastrop, LA 71220
Mount Olive United Methodist Church	239 Pruett St., Bastrop, LA 71220
Mt. Zion: Church of God 	6708 Mer Rouge Rd., Bastrop, LA 71220
New Friendship Baptist Church	6329 Old Monroe Rd., Bastrop, LA 71220
New Lights Baptist Church	1105 Van Ave., Bastrop, LA 71220
New Morning Star Baptist Church	409 Oliver Ave., Bastrop, LA 71220
New Mount Olive Baptist Church	907 Church St., Bastrop, LA 71220
St. Joseph Catholic Church	217 Harrington St., Bastrop, LA 71220
United Pentecostal Church	6178 Mer Rouge Rd., Bastrop, LA 71220
St John Baptist Church	1407 W Madison Ave., Bastrop, LA 71220
St Joseph Catholic Church	217 Harrington Sr., Bastrop, LA 71220
Christ Episcopal Church	204 S Locust St., Bastrop, LA 71220
First Baptist Church 	620 E Madison Ave., Bastrop, LA 71220
South Side Baptist Church	7612 Old Monroe Rd., Bastrop, LA 71220
Tillou Baptist Church	19242 Cain Rd., Bastrop, LA 71220
True Vine North 	646 W. Cypress St., Bastrop, LA 71220
Washington Chapel United Methodist Church	12844 Crossett Rd., Bastrop, LA 71220
Williams Drive Church of Christ	402 Williams Dr., Bastrop, LA 71220

Housing Organizations

Morehouse Senior Apartments	704 Nelda Dr., Bastrop, LA 71220
Historic Bastrop High Apartments	715 S. Washington St., Bastrop, LA 71220

Substance Abuse Homes, Domestic Violence Shelters, Counseling Services

Northeast Delta Human Services Authority	451 East Madison Ave., Bastrop, LA 71220
The Wellspring	111 West Hickory Ave., Bastrop, LA 71220



= Food Pantry

Advocacy Groups

Parents as Teachers/Nurse Family Partnership	650 School St. (Morehouse Parish Health Unit)
Blights Out Bastrop	
Keep Morehouse Beautiful	Located within Chamber of Commerce; 110 N. Franklin Street

Other Community Organizations

Arc of Morehouse	10640 Lucy Hudson Dr., Bastrop, LA 71220
Care & Hope Ministry 	2038 E. Madison Ave., Bastrop, LA 71220
Northeast Delta Human Services Authority	

Private Sector

Chamber of Commerce

Bastrop-Morehouse Chamber of Commerce	110 N. Franklin Street., Bastrop, LA 71220
---------------------------------------	--

Banks

Origin Bank	1927 E Madison Ave., Bastrop, LA 71220
Bancorp South Bank	1503 E Madison Ave, Bastrop, LA 71220
Richland State Bank	639 E Madison Ave, Bastrop, LA 71220
Regions	2007 E Madison Ave, Bastrop, LA 71220
Capital One	101 S Franklin St, Bastrop, LA 71220
Commercial Capital Bank	2126 E Madison Ave, Bastrop, LA 71220
Woodforest Bank	6091 Mer Rouge Rd, Bastrop, LA 71220 (in Walmart)
Mer Rouge State Bank	102 Davenport Ave, Mer Rouge, LA 71261
Kraftman Federal Credit Union	805 E Cypress Ave, Bastrop, LA 71220
Red River Federal Credit Union	380 S Franklin St, Bastrop, LA 71220

Business Associations

Northeast Louisiana Economic Alliance	
Bastrop Main Street	
Morehouse Economic Development Corporation	Capital One Bank Building, 101 S. Franklin St., Suite A, Bastrop, LA 71220

Local Business

RIMCOR Inc.	10995 Shelton Rd, Bastrop, LA 71220
-------------	-------------------------------------

Morehouse Bioenergy (Drax Biomass)	7070 Carl Rd, Bastrop, LA 71220
John N John (Transportation)	1213 W 2nd St, Crowley, LA 70526
Bastrop Tank Wash	9029 Coulter Dr, Bastrop, LA 71220
The Downs Law Firm	517 N Washington St, Bastrop, LA 71220
Americas Best Value Inn & Suites	2130 E Madison Ave, Bastrop, LA 71220
Toyota of Bastrop	2329 E Madison Ave, Bastrop, LA 71220
Carroll's Super Lube & Tire	2329 E Madison Ave, Bastrop, LA 71220
The Lowery Law Firm	608 S Washington St, Bastrop, LA 71220
Amy Coath Johnson, Attorney at Law	101 E Madison Ave, Bastrop, LA 71220
Herring Law Firm	343 N Washington St, Bastrop, LA 71220
H&R Block	6021 Mer Rouge Rd, Bastrop, LA 71220
Rankin Yeldell & Katz	420 S Washington St, Bastrop, LA 71220
Lester Phillip M, Attorney	320 S Franklin St, Bastrop, LA 71220
Ellender & Ellender Attorneys	202 E Davenport Ave, Mer Rouge, LA 71261
Jackson Hewitt Tax Service	207 W Jefferson Ave, Bastrop, LA 71220
Budget Inn	206 S Franklin St., Bastrop, LA 71220

Local Retail

Verizon	6033 Mer Rouge Rd, Bastrop, LA 71220
Morehouse Pawn Shop	1709 N Washington St, Bastrop, LA 71220
Seligman's Department Store	129 S Franklin St, Bastrop, LA 71220
Bastrop Feed & Seed Hardware	214 E Cypress Ave, Bastrop, LA 71220
Walmart Supercenter	6091 Mer Rouge Rd, Bastrop, LA 71220
Beauty Mart	526 N Washington St, Bastrop, LA 71220
Cato Fashions	5989 Mer Rouge Rd, Bastrop, LA 71220
Arnett Jewelry	105 N Washington St, Bastrop, LA 71220
Croswell's Tack & Western Wear	7540 Old Monroe Rd, Bastrop, LA 71220
Citi Trends	2025 E Madison Ave, Bastrop, LA 71220
Hibbet Sports	2035 E Madison Ave, Bastrop, LA 71220
Bethel Market	1609 Park Loop Dr, Bastrop, LA 71220
Turpin's Buy Right Home Center	5935 Mer Rouge Rd, Bastrop, LA 71220
AutoZone Auto Parts	1922 E Madison Ave, Bastrop, LA 71220
Affordable Home Furnishings	2031 E Madison Ave Suite 9, Bastrop, LA 71220
AT&T	6070 Mer Rouge Rd, Bastrop, LA 71220
Aaron's	301 N Washington St, Bastrop, LA 71220
Tractor Supply Co.	2310 E Madison Ave, Bastrop, LA 71220

Bastrop Computer Service	6045 Eagle Dr, Bastrop, LA 71220
Bastrop Pawn & Gun Shop	402 W Madison Ave, Bastrop, LA 71220
Advance Auto Parts	1623 E Madison Ave, Bastrop, LA 71220
G Low's Audio Shop	1605 N Washington St, Bastrop, LA 71220
Flower Tree	1011 N Washington St, Bastrop, LA 71220
Ivan Smith Furniture	1704 E Madison Ave, Bastrop, LA 71220
Steve's Jewelry	109 E Madison Ave, Bastrop, LA 71220
O'Reilly Auto Parts	1726 E Madison Ave, Bastrop, LA 71220
Build-A-Cross	8880 Industrial Dr, Bastrop, LA 71220

Insurance Companies

Morehouse Insurance	757 N Washington St, Bastrop, LA 71220
USAgencies	2027 E Madison Ave, Bastrop, LA 71220
Ron Bush- State Farm	1911 E Madison Ave, Bastrop, LA 71220
Jamie Freeland- Allstate	150 S Liberty St, Bastrop, LA 71220
Farm Bureau	202 Cleveland St, Bastrop, LA 71220
Gladney Agency	451 E Madison Ave, Bastrop, LA 71220
Tommy Culp- State Farm Insurance	1421 E Madison Ave, Bastrop, LA 71220
Milton Caldwell Insurance	1421 S Washington St, Bastrop, LA 71220
Advanced Insurance Services	117 S Franklin St, Bastrop, LA 71220
Direct Auto Insurance	2043 E Madison Ave, Bastrop, LA 71220
Dunn & Dunn Financial Group	106 N Cox St, Bastrop, LA 71220
Vantage Health Plan Inc.	323 W Walnut Ave, Bastrop, LA 71221
Shelter Insurance	344 Holt St, Bastrop, LA 71220
GoAuto Insurance	2046 E Madison Ave, Bastrop, LA 71220

Local, State and Federal Post Office

USPS Post Office	201 N. Washington St., Bastrop, LA 71220
USPS Post Office	405 Davenport Ave., Mer Rouge, LA 71261
USPS Post Office	4603 Main St., Collinston, LA 71229
USPS Post Office	15392 Bonita Ave., Bonita, LA 71223
USPS Post Office	17366 Wilmot Hwy., Jones, LA 71250
USPS Post Office	100 S. Oak St., Oak Ridge, LA 71264

Police

Sheriff's Department	351 S. Franklin, Bastrop, LA 71220
----------------------	------------------------------------

Emergency Personnel

Bastrop Fire Department Office (City Hall)	202 E. Jefferson Ave. 1st Floor, Rm. 134, Bastrop, LA 71220
Central Fire Station	717 North Marable, Bastrop, LA 71220
Bastrop Fire Station #2	102 Cox St., Bastrop, LA 71220
Bastrop Fire Station #3	606 Collinston Rd., Bastrop, LA 71220
Bastrop Fire Station #4	13512 Old Bonita Rd., Bastrop, LA 71220
Bastrop Fire Station #5	7421 Old Monroe Rd., Bastrop, LA 71220

Transportation Services

Morehouse Memorial Airport (BQP)	6336 Holland Dr, Bastrop, LA 71220
----------------------------------	------------------------------------

Library

Morehouse Parish Library	524 E. Madison Ave., Bastrop, LA 71220
--------------------------	--

Newspaper

Bastrop Daily Enterprise Newspaper	119 E. Hickory, Bastrop, LA 71220
------------------------------------	-----------------------------------

Government Agencies

City Hall	202 E. Jefferson Ave. 1st Floor, Rm. 134, Bastrop, LA 71220
Public Works	City Hall, 202 East Jefferson Ave, 2nd Floor, Room 224, Bastrop, LA 71220
Morehouse Parish Police Jury	125 E. Madison Ave., Bastrop, LA 71220
Bastrop City Court	202 E. Jefferson Ave., Bastrop, LA 71220
Morehouse Parish Assessor's Office	106 E. Jefferson Ave., Bastrop, LA 71220

Medical and Healthcare

Public and Private Hospitals and Medical Practices

Morehouse General Hospital	323 W. Walnut St., Bastrop, LA 71220
Communion Health Medical Center	650 School Rd., Bastrop, LA 71220
Dr. Shahzad M. Malik, MD	501 Durham St., Bastrop, LA 71220
Bastrop Rural Health Clinic	510 S. Washington St., Bastrop, LA 71220

Family Medical Clinic	205 Davenport Ave., Mer Rouge, LA 71261
Mer Rouge Rural Health Clinic	207 Davenport Ave., Mer Rouge, LA 71261
Le Grand Healthcare & Rehabilitation Center	650 Holt St., Bastrop, LA 71220
Fresenius Kidney Care (Morehouse Parish Dialysis Center)	530 Durham St., Bastrop, LA 71220
Sterlington Rehabilitation Hospital & Rural Health Clinic	370 W. Hickory Ave., Bastrop, LA 71220
Sterlington Care Clinic (Jack Noble, MD)	W. Hickory Ave. (across from Sterlington Rehab & Rural Health), Bastrop, LA 71220
Liberty Healthcare	Eugene Ware Rd., Bastrop, LA 71220
Heart, Vascular, and Vein Clinic	365 W. Hickory Ave., Bastrop, LA 71220
SouthStar Urgent Care Bastrop	2100 E Madison Ave., Bastrop, LA 71220

Pharmacies

Pearce Pharmacy	604 S. Washington St., Bastrop, LA 71220
Whit's Pharmacy	107 E. Madison Ave., Bastrop, LA 71220
Walgreens Pharmacy	1930 E. Madison Ave., Bastrop, LA 71220
Lee's Cirt Drug	123 W. Madison Ave., Bastrop, LA 71220

Nursing Homes/Assisted Living

Hillview Nursing Home Inc.	650 Holt St., Bastrop, LA 71220
Cherry Ridge Skilled Nursing Facility	5980 Cherry Ridge Road, Bastrop, LA 71220
Family New Life Rehab Center	200 McCreight St., Bastrop, LA 71220
Oak Woods Nursing Home	Mer Rouge, LA 71261, Bastrop, LA 71220
Lagniappe Healthcare Skilled Nursing Facility	1408 Summerlin Ln., Bastrop, LA 71220

Veterinary Services

Melton Veterinary Hospital	10735 McCreight St., Bastrop, LA 71220
Morehouse Humane Society	6878 Mer Rouge Rd., Bastrop, LA 71220

Use your Asset Map as a resource when considering advocacy and policy in your community. Asset Maps highlight the availability or lack of community assets, and they can serve as a powerful tool when trying to make a case for needed policy, locally or on a state level.

Tourism

Chemin-A-Haunt State Park

14656 State Park Road, Bastrop, 71220-7078

This state park has a wide variety of activities for everyone in the family. With playgrounds, wading pools, a swimming area, grills, and fishing piers, the park is a great place for anyone to enjoy!

Chemin-A-Haunt Run and Walk

14656 State Park Road, Bastrop, 71220-7078

A 4-mile trail run or a 1 mile walk throughout the Chemin-A-Haunt State Park serves as a great outing for nature lovers who enjoy scenic views of lakes, bayous, and forestry.

Bussey Brake Reservoir

Off of LA HWY 593, Bastrop, 71220-7078

The primary purpose of this reservoir is to maintain quality fishery where boat lanes, fishing piers, docks, and wave breaks were constructed to uphold this standard. Various non-invasive species were loaded into the lake for a high-quality fishing experience.

The Rose Theatre

102 East Jefferson Ave., Bastrop, 71220

First constructed in the late 1920s, the theatre is considered a local landmark due to the display of vaudeville and silent movies. Converted into a regular theatre, shut down, then renovated, the Rose is now back open and functions as a stage theatre.

The Synder Museum

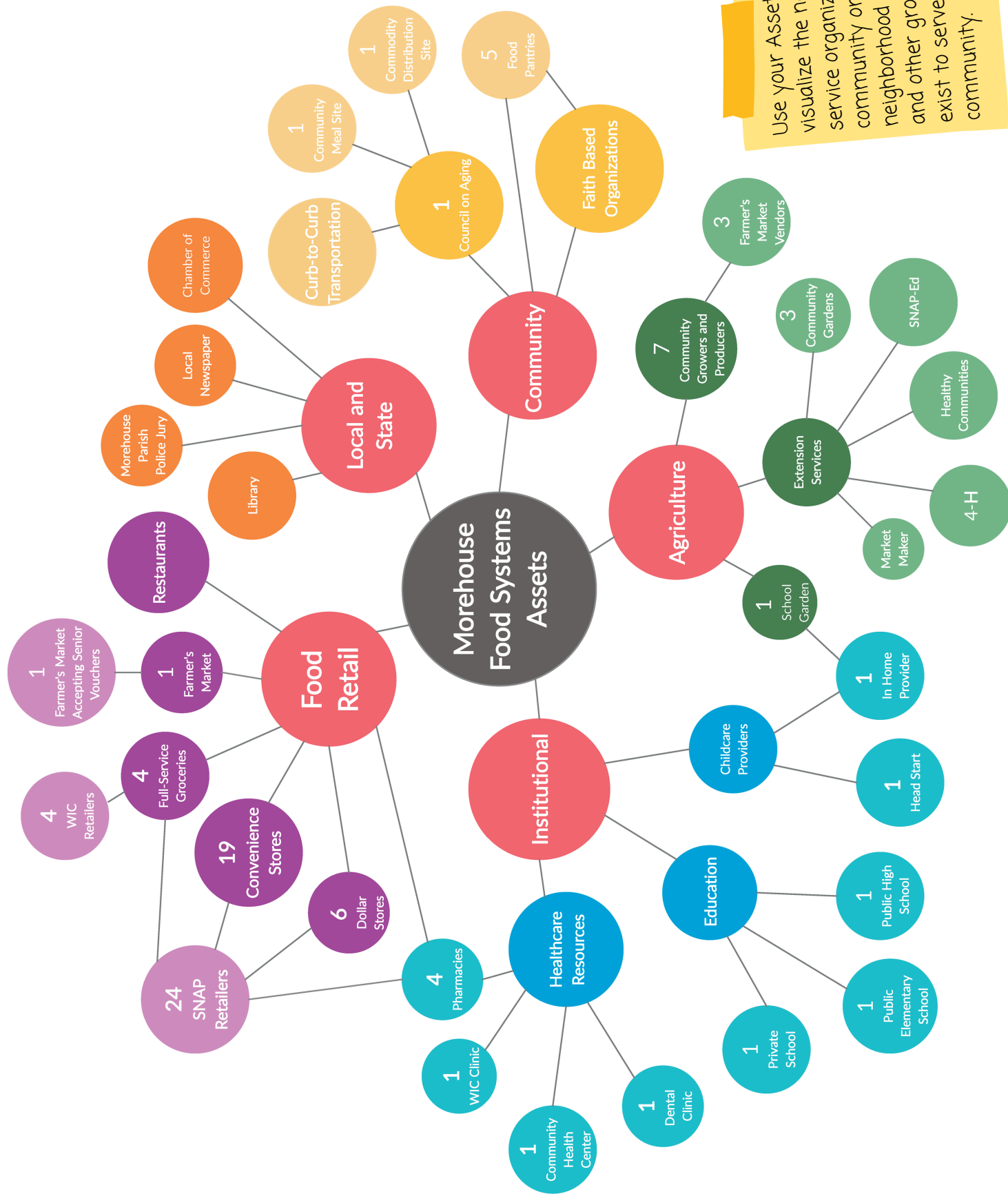
1619 E. Madison, Bastrop, 71220

Built in the 1920s as the home of businessman Charles Synder, the structure is now a museum that showcases local art and Southern and Indigenous artifacts.

Starr Homeplace Heritage and Creativity Center Community Days

5317 HWY 133 N., Oak Ridge 71264

This museum serves as a hand-on learn experience with exposure to creativity, skill, and crafts. The center serves to meet a variety of interest in a variety of age groups.



Use your Asset Guide to visualize the networks of service organizations, community organizations, neighborhood resources, and other groups that exist to serve the community.



Morehouse Parish Food System Assets



Grocers

Walmart Supercenter 98   	6091 Mer Rouge Rd., Bastrop, LA 71220
Super 1 Foods 603   	2211 E Madison Ave., Bastrop, LA 71220
Save-U-More   	1003 E Madison Ave., Bastrop, LA 71220
Bastrop Super Foods   	544 N Washington St., Bastrop, LA 71220

Convenience Stores

Sop 4 U Inc 	1920 W Madison Ave., Bastrop, LA 71220
Handy Stop #1 	1610 W Madison Ave., Bastrop, LA 71220
Stop N Save 	1405 S Washington St., Bastrop, LA 71220
Happy Stop 	1233 N Washington St., Bastrop, LA 71200
LLL Stop N Shop 	1001 E Madison Ave., Bastrop, LA 71220
CEFCO 1109 	105 Andrews Ln., Mer Rouge, LA 71261
J&III Stop N Shop 5 	741 Collinston Rd., Bastrop, LA 71220
Log Cabin Grocery 	11736 Crossett Rd., Bastrop, LA 71220
Fuel Trac LA 	1301 N Washington St., Bastrop, LA 71220
Cooper Lake Grocery 	9016 Cooper Lake Rd., Bastrop, LA 71220
North Washington Fish Market 	323 N Washington St., Bastrop, LA 71220
Circle K 2723452 	1514 E Madison Ave., Bastrop, LA 71220
MJ's Mart 	515 W Madison Ave., Bastrop, LA 71220

Dollar Store

Family Dollar Store 917 	542 N Washington St., Bastrop, LA 71220
Family Dollar Store 6150 	1714 E Madison Ave., Bastrop, LA 71220
Dollar General 11724 	11740 Crossett Rd., Bastrop, LA 71220
Dollar Tree 1886 	5997 Mer Rouge Rd., Bastrop, LA 71220
Doller General Store 13912 	2350 W Madison Ave., Bastrop, LA 71220
Dollar General Store 15838 	205 Hwy 165 N, Mer Rouge, LA 71261

Farmers Markets

Morehouse Farmers Market	305 E Madison Ave., Bastrop, LA 71220
--------------------------	---------------------------------------



= Currently sells fresh fruits and vegetables

Pharmacies

Walgreens 10536



1930 E Madison Ave., Bastrop, LA 71220

Food Pantries and Feeding Sites

Mt. Zion: Church of God



6708 Mer Rouge Rd., Bastrop, LA 71220

Distribution: 1st Sun. of each month; 12 – 4 pm

Contact: Helen Smith, 318-547-0929

Care and Hope Ministries

2038 E. Madison, Bastrop, LA 71220

Distribution: Wednesdays, 2 - 4:45 pm,
except 5th Wednesday of month

Contact: Pam Walker (318-239-3484)

Holy Temple

1412 Lee Ave., Bastrop, LA 71220

Distribution: 3rd Sat. of each month; 7 – 9 am

Contact: 318-351-1785

Robinson-Williams



1510 Elm St., Bastrop, LA 71220

Restoration of Hope

Distribution: 2nd Sun. of each month; 10 am - noon

Community Center

Contact: Randy Williams, 318-239-2502

Morehouse Pinebelt

1602 West Madison Ave., Bastrop, LA 71220

Contact: 318-239-2851

Community Gardens

The Prep Center, Inc. ECE

1906 Cooper Lake Rd., Bastrop, LA 71220

Morehouse CMIO ECE

630 Collinston Rd., Bastrop, LA 71220

Summer Feeding Sites

Bastrop High School

402 Highland Ave., Bastrop, LA 71220

Morehouse Junior High School

1001 West Madison Ave., Bastrop, LA 71220

Morehouse Magnet School

909 Larche Ln., Bastrop, LA 71220

Growers and Producers

Lenard's Roadside Produce



Shirl Gammel

Armstrong Farms



Sims Farms

Holley Farms

Hill's Farms



A Mess by Jess



McHee Farms II



J&S Cattle Company

Bedrock Cattle Company

Denise Guyewski

Bonnee Idee Produce



Jerry Farms Co.

Locally Produced

Tomatoes	Leafy greens
Peppers	Blueberries
Peas	Green beans
Squash	Cucumbers
Watermelon	



= Currently sells fresh fruits and vegetables

Morehouse Physical Activity Assets



Parks and Recreation Department

City of Bastrop
Parks & Recreation

City Hall; 202 E. Jefferson Ave.
2nd Floor, Room 224

Youth Athletics: Track & Field,
Baseball, Softball, Basketball, Football

Parks, Playgrounds, Fields, and Courts

Smith & Wilson Park (formerly E. Madison Park)	E. Madison Ave. (behind COA), Bastrop, LA 71220	1 swimming pool, skate ramps, 1 baseball field, picnic area, 1 outside basketball court, playground	City of Bastrop Parks & Rec System
AP Carter Park	Located on Park Loop Drive, Greenwood St., and Moeller Dr. (across from Bastrop Municipal Center), Bastrop, LA 71220	largest park in city recreational park system; 25-acre enclosed park; 4 baseball fields, 6 tennis courts, picnic areas, playground, RV hookup; closed after dark or activities	City of Bastrop Parks & Rec System
Ralph George Park	Located at Rivers Ave. and Meeks St. (near 1558 Meeks St.), Bastrop, LA 71220	Playground, 1 outside basketball court	City of Bastrop Parks & Rec System
Dotson Park	Located at the end of Dotson St. (near 1019 Robinson Ave.), Bastrop, LA 71220	covers 21 acres; 1 swimming pool, 2 tennis courts, 1 baseball field, 1 gymnasium, 1 outside basketball court, 1 playground; host youth basketball games	City of Bastrop Parks & Rec System
Chemin-A-Haut State Park	14656 State Park Rd.	fishing, boating, kayak rentals, trails; seasonal pool; cabins and camping sites for rental; equestrian trails	Open daily, Sun-Thurs: 6 am - 9 pm; Fri & Sat: 6 am - 10 pm; \$3 entrance fee; free for seniors and children
GP Griffin Park	Located at Jackson St. and Henry Ave. , Bastrop, LA 71220	2 tennis courts, 1 outside basketball court; some jungle gym equipment	City of Bastrop Parks & Rec System
Martin Luther King Park (formerly Forrest Park)	Located at the corner of Forrest Street and Huey St., Bastrop, LA 71220	8.6 acres, 1 baseball field, picnic area, 1 outside basketball court	City of Bastrop Parks & Rec System
Gladney Park	Located off Country Club Rd., Evelyn Dr. and Evangeline Dr., Bastrop, LA 71220	No park facilities, but good for a leisurely stroll	City of Bastrop Parks & Rec System

Clark Lea Park (formerly Emilea Clark Park)	Located between S. Washington St. and Morris Dr., Bastrop, LA 71220	6 acres donated by Emilea Clark; no park facilities; benches to sit,	City of Bastrop Parks & Rec System
Welch Park	Located on Welch St., Bastrop, LA 71220	2 acres; playground, 1 outside basketball court	City of Bastrop Parks & Rec System

Municipal Pools

Smith & Wilson Park (formerly E. Madison Park)	E. Madison Ave. (behind COA)	1 swimming pool	City of Bastrop Parks & Rec System
Chemin-A- Haut State Park	14656 State Park Rd	fishing, boating, kayak rentals, trails; seasonal pool; cabins and camping sites for rental;	Pools open Memorial Day weekend to August 1. Closed Monday-Wednesday for maintenance, except for holiday Mondays. When pools open on a holiday Monday, the pools will be closed for maintenance on the Tuesday-Thursday following the holiday Monday. Modified schedule from August 1 through Labor Day.
Dotson Park	End of Dotson St. (near 1019 Robinson Ave.)	1 swimming pool	

Wildlife Refuges/Nature Preserves

Handy Brake National Wildlife Refuge

Georgia Pacific Wildlife Management Area

Ben Lilly Conservation Area

Walking Trails

Chemin-A-Haut State Park	14656 State Park Rd. A 4-mile trail run or a 1-mile walk with scenic views
Industrial Loop	A lot of people walk the industrial loop, but it is not a designated "trail"



Louisiana Obesity Prevention Standards and Legislation

Policy Type	Policy #	Policy Description
	HCR 150	Directs the Department of Social Services to assess efforts in Louisiana to promote healthy food choices among recipients of Supplemental Nutrition Assistance Program
	HCR 231	Requests the Office of Group Benefits to conduct a study on the financial benefits of establishing a program to address the high rate of obesity in Louisiana.
	Act 388	Aims to stimulate investment in healthy food retail outlets in underserved areas and to combat food deserts by insuring everyone has access to fresh fruits and vegetables.
	Act No. 252	Healthy Food Retail Act to stimulate investment in healthy food retail outlets in underserved areas. Program created in the Department of Agriculture and Forestry and currently not funded.
	ACT 306	Amended 2005 Act 331, School Vending Bill, to provide that 100 (previously 50%) of beverages sold on high school campuses adhere to healthy guidelines.
	SCR 94	Requests the Department of Agriculture and Forestry and the Department of Education to implement a Farm to School Program and to assist schools with local procurement options for fresh fruit, vegetables, meats, and seafood.
	SCR 96	Requests the Department of Health and Hospitals and the State Board of Elementary and Secondary Education to submit jointly a report to the legislature regarding the availability of water for student consumption at elementary and secondary schools.
	HB 1	Among other items, sets standards for nutritious meals. The bill sets performance indicators for the School Food and Nutrition Program and for child and adult care food and nutrition activities to ensure that nutritious meals are served to children.
	HB 193	Authorizes the Board of Elementary and Secondary Education to promulgate rules and regulations to implement U.S. Department of Agriculture nutrition programs. The bill requires the Department of Education to implement the nutrition programs pursuant to such rules and regulations. It allows the department to conduct studies regarding methods of improving and expanding nutrition programs and promoting nutritional education in the schools, and also authorizes the department to conduct appraisals of the nutritive benefits of nutrition programs and report its findings and recommendations to the governor.

	HB 767	Revises nutrition standards for beverages sold in public high schools. The bill states that beverages offered for sale to high school students will be comprised of bottled water; no calorie or low-calorie beverages that contain up to 10 calories per eight ounces; up to 12-ounce servings of beverages that contain 100 percent fruit juice with no added sweeteners and up to 120 calories per eight ounces; up to 12 ounce servings of any other beverage that contains no more than 66 calories per eight ounces; or low-fat milk, skim milk and non-dairy milk. It requires that at least 50 percent of non-milk beverages be water and no-calorie or low-calorie options that contain up to 10 calories per eight ounces.
	SB 299	The Healthy Food Retail Act requires the Department of Agriculture and Forestry to establish a program that provides grants and loans to healthy food retailers that increase access to fresh fruits and vegetables and other affordable healthy foods in underserved communities. The program can finance new grocery store construction and renovations, farmers' markets and public markets; and food cooperatives, mobile markets and healthy food delivery projects. Applicants must demonstrate that they will sell fresh fruits and vegetables in underserved communities, especially to SNAP and Special Supplemental Nutrition Program for Women, Infants and Children (WIC) participants.
	HCR 209	Requests the Board of Elementary and Secondary Education to study the feasibility of increasing PE units required for high school graduation.
	Act No. 256	Provides for health-related fitness assessments to determine physical fitness levels of students in schools. Review of current pilot program using Fitnessgram with intent to expand statewide.
	Act 180	Requires the Department of Education to hire a Health and Physical Education Coordinator who will be responsible for the development, implementation, and monitoring of health and physical education curricula in all public elementary and secondary schools in the state.
	Act 734	Physical fitness and nutrition of students. Establishment and implementation of a pilot program and School Health Awards for outstanding program of physical activity. Public schools, grades K-6, provide 30 minutes each school day of quality, moderate to vigorous physical activity.
	ACT 286	Requires physical activity for students (K-8, at least 30 min per day) and establishment of School Health Advisory Councils in each city, parish and other local public school board.
	ACT 351	Provides that elementary, secondary, or charter schools that enter into a joint-use agreement do not incur any liability for injuries to persons or property. Joint use agreements expand access to playgrounds, gymnasiums, and tracks that are already located within communities

	SCR 95	Requests the Department of Education to issue a report as to the number of joint-use agreements in place throughout the state and include a plan to promote the use of such agreements.
	SB 309	Provides for health-related fitness assessments to determine physical fitness levels of students in schools to reduce childhood obesity, including baseline measures of fitness and body mass index and measurement of the effectiveness of interventions. The bill expands a pilot program to provide statewide implementation focused on school systems with high poverty levels.
	HB 400	Requires public schools to provide at least 30 minutes of physical activity each school day for students in grades seven and eight. The bill also requires each city, parish and local school board to establish a local school health advisory council, the members of which shall be appointed by the school board.
	Bulletin 741	Requires students in grades 1-8 to receive 150 minutes of physical education per week. Allows an approved Junior Reserve Officer Training Corp program to be substituted for the 2 credits of health and physical education upon board approval. This code further allows students to be exempted from this requirement for medical reasons only, but the number of credits required for graduation remains at 23.
	RS 17:17.1	Requires each elementary and secondary school to provide improved physical activity and fitness in schools by encouraging innovative physical education programs.
	Bulletin 741	Requires 1.5 units of physical education for public high school graduation. In The Louisiana Handbook for Nonpublic School Administrators (2005), requires 2 units of health and physical education for non-public high school graduation.
	RS 17:276	Requires each public secondary school to offer, as part of the physical education program, sexually segregated contact sports and sexually integrated noncontact sports with the options for students to choose either or both.
	RS 17:1941	Requires school districts to make available physical education services, specially designed if necessary, to every student with a disability receiving a Free and Appropriate Public Education (FAPE). It also requires schools to make available specially designed physical education (Adapted Physical Education) for students with disabilities as prescribed in the student's Individual Education Program (IEP).
	Bulletin 102	Outlines state Physical Education Content Standards (2009). The standards document also serves as a suggested curriculum framework, although local schools are not required to adhere to it.
	RS 17.17.5	Provides for health-related fitness assessments to determine physical fitness levels of students in school. The bill expands a pilot program to provide for statewide implementation focused on school systems with high

		poverty levels.
	Act No. 147	Provides for bicyclists and vehicle safety.
	SCR 110	Requests formation of a complete streets work group in the Department of Transportation and Development that will develop complete streets guidelines that will apply any time state or Federal funds are used to build a roadway or bridge.
	SCR 77	Requests the Department of Health and Hospitals (DHH) and DOE to examine the adequacy of current practices for ensuring preventive health and well-being of adolescents in Louisiana.
	ACT 288	Provides for the establishment and administration of a targeted coordinated school health program for the purpose of reducing childhood obesity and a grant program to assist public school governing authorizes with implementation.
	HB 538	Creates the Agricultural Products Processing Development Fund to support development and enhancement of processing raw agricultural products by providing loans to eligible facilities through the Louisiana Agricultural Finance Authority.
	HB 358	Provides that elementary, secondary, or charter schools that enter into a joint-use agreement do not incur any liability for injuries to persons or property. It does not exclude liability for gross negligence or willful and wanton misconduct. Provides that the school executing a joint-use agreement shall require the other party to maintain and provide proof of insurance coverage. Provides much needed clarification and will expand access to playgrounds, gymnasiums, and tracks that are already located within communities.

Policy Type Key



Physical



School



Nutrition



Transportation

Authors:

Katherine Seals, MPH, Evaluation Coordinator, School of Nutrition and Food Sciences
Makenzie Miller, MS, Local Food Systems Specialist, School of Nutrition and Food Sciences
Ruthie Losavio, Communications Coordinator, School of Nutrition and Food Sciences
Denise Holston, PhD, RDN, LDN Assistant Professor, School of Nutrition and Food Sciences

